

THIS IS HOW I FIGHT MY BATTLES

7 Words that Will Change the Way you Worship

Praise is the English word that is used to give meaning to seven Hebrew words. As we look at these words, they will deepen our understanding of what it means to offer praise.

01 ♦ YADAH: To revere or worship with extended hands. To hold out the hands. To throw a stone or arrow.

“May the peoples praise (*yadah*) you, God; may all the peoples praise (*yadah*) you.” *Psalm 67:5*

02 ♦ HALAL: To boast. To rave. To shine. To celebrate. To be clamorously foolish.

“Let them praise (*halal*) his name with dancing and make music to him with timbrel and harp.” *Psalm 149:3*

03 ♦ ZAMAR: To make music. To celebrate in song and music. To touch the strings or parts of a musical instrument.

“I will sing a new song to You, O God; On a harp of ten strings I will sing praises (*zamar*) to You.” *Psalm 144:9*

04 ♦ TOWDAH: An extension of the hand. Thanksgiving. A confession. A sacrifice of praise. Thanksgiving for things not yet received. A choir of worshippers.

“In God I have put my trust; I will not be afraid. What can man do to me? Vows made to You are binding upon me, O God. I will render praises (*towdah*) to You.” *Psalm 56:11-12*

05 ♦ BARAK: To kneel. To bless God (as an act of adoration). To praise. To salute. To thank.

“Yea, all kings shall fall down before him, all nations shall serve him. . . And he shall live, and to him shall be given of the gold of Sheba: prayer also shall be made for him continually; and daily shall he be praised (*barak*).” *Psalm 72:11, 15 KJV*

06 ♦ TEHILLAH: Laudation. A hymn. A song of praise. A new song. A spontaneous song.

“But You are holy, enthroned in the praises (*tehillah*) of Israel.” *Psalm 22:3*

07 ♦ SHABACH: To address in a loud tone. To shout. To commend, glory and triumph.

“One generation shall praise (*shabach*) Your works to another, and shall declare Your mighty acts.” *Psalm 145:4 NKJV*

The Lord invites us not to stifled participation but a full expression that requires our total being—

♦ Where we present our rededicated bodies by:

- Kneeling; bowing; raising our hearts/hands

♦ Where we present our revived emotions by:

- Shouting and clapping to the Lord; praising aloud;
- Rejoicing and expressing thanksgiving.

♦ Where we present our regenerated spirit by:

- Worshipping in the spirit; singing spiritual songs; giving thanks.

♦ Where we present our renewed mind by:

- Obedient, orderly, intelligent, sensitive worship with understanding.